



**Service Delivery
Committee**

**Tuesday, 23 January
2018**

**Matter for
Information**

Title: Leisure Services Update

Author(s): Avril Lennox MBE (Head of Health & Leisure Services)

1. Introduction

This report provides Members with an update on the Council's Leisure Services, including the Health & Wellbeing Board, the Leisure Contract, the Sport & Physical Activity Commissioning Plan and the planned developments at Parklands Leisure Centre and Brocks Hill Visitor Centre.

2. Recommendation(s)

That Members note the information provided within the report and endorse and promote the range of opportunities to the wider audience.

3. Information

3.1. Health & Wellbeing Board (HWBB):

The second of four Oadby and Wigston Health & Wellbeing Board meetings took place on 11 October 2017. This particular meeting focused on weight management and diabetes.

Diabetes: It was clear that more work needed to be carried out to identify the hard to reach groups. Suggestions included setting up a Road Show, to include diabetes testing and information about healthy eating. Lloyds Chemist is one of the few pharmacists that carry out diabetes testing, encouraging others to do likewise would be beneficial. Targeting advice to people's needs is key. Lifestyle issues are not about lack of knowledge; it is more about a lack of time. Discussion also took place about the referral process and whether this could be simplified.

Healthy Weight: Breakfast clubs are taking place in schools to address obesity levels in children (play sport and have breakfast), especially in the lead up to SATS/exams. More education is required for secondary school pupils, including using local campaigns, as well as the on-going messages about the importance of drinking water. In addition, utilising the Unified Prevention Board's, seasonal campaigns, which includes keeping active, staying warm, flu jabs and healthy eating.

NHS Summary Care Records (SCR). The SCR is an electronic summary of key clinical information, (including medicines, allergies and adverse reactions about a patient), sourced from the GP record. It is used by authorised healthcare professionals, with the patient's consent, to support their care and treatment. SCR 2.1 is a second version which is being distributed, following on from the original SCR posted out to individuals 3 to 4 years ago. It is a more detailed record, which requires individuals to opt-in. This version will provide access to more detailed records, vital in time of need. There will be no mail-out this time, due to costs. Forms are available at GP surgeries, or can be downloaded from the website.

The next HWBB will take place on 24 January 2018 and will focus on substance/ alcohol misuse and smoking.

3.2. Leisure Contract Update (August - November 2017)

Participation

The period August to November 2017 saw over 300,000 visits at Parklands Leisure Centre and Wigston Pool and Fitness Centre. This is compared to 243,000 for the same period last year; a massive 23% increase. Participation for the period has reflected seasonal trends, peaking in September and slightly decreasing in October and November.

Programmes & Events

The activity programme continues to grow in both participation and number of activities. Holiday activities and parties were very successful in August, as was the return of the sports courses when the children went back to school in September. GP referral and Older Adult activities continue to thrive contributing to a wide range of activities for all ages. Also, during this period a range of regular bookings took place, such as NHS blood bank and new activity classes as well as one-off functions such as birthday parties and weddings.

Customer Feedback

Customer feedback has been extremely pleasing at both centres with the swim teachers and gym staff particularly highlighted.

Customer Engagement

SLM has worked hard to make as many people in the community aware of both the facilities and services available. There are now 54,000 local people who have a free Everyone Active card. This has contributed significantly to the ability to deliver a positive message about activity to the community.

Community Contributions

SLM has given over £10,000 worth of free activity to the community in the form of activity passes, Memberships and free swimming to the less able and to school children in the summer holiday, those on the 'Supporting Leicestershire Families' scheme and to talented athletes in the Go Gold scheme.

3.3. 2017/18 Sport & Physical Activity Commissioning Plan

The following provides an update on the Sport and Physical Activity Commissioning plan, which is externally funded by Leicestershire County Council Public Health and Leicestershire & Rutland Sport.

'Just Women'

The Borough's first 'Just Women' programme took place in September and October 2017. It was deemed a great success with over 50 females taking part in a range of sport and physical activities across the Borough. The opportunity to gain rewards based on attendance was also well received. Following this successful pilot the aim is to build on this for 2018/19.

Oadby and Wigston Annual Awards Evening

The Borough's annual awards evening, which was formally opened by the Mayor Cllr Samia Haq, was held on Wednesday 22 November at Parklands Leisure Centre. Over 220 guests enjoyed a fantastic evening, which began with a Bollywood inspired performance from Moving Together; a group that was initially funded through a previous local physical activity grant.

The awards evening was held to acknowledge the positive contribution from local individuals, volunteers and groups, together with celebrating the achievements of our local talented athletes, including Haseeb Ahmad, the current World Record holder for the fastest blind Ironman.

Walking and Running

A new initiative, working with Brocks Hill Primary School, is currently being planned. This will develop school-gate walking groups for families, as well as beginner running groups for parents. These will take place in the morning, once parents have dropped their children off at school.

Steady Steps

After a very successful pilot with the local Oadby and Wigston fall prevention programme 'Strong and Steady', further external funding will be drawn down this time from the East Leicestershire Clinical Commissioning Group. This will enable the Borough to coordinate three programmes each lasting 24 weeks. This funding opportunity will also provide training for two new instructors, so more local residents over 65 can benefit from improving their core strength and being steadier on their feet.

'One You' Health Event

Planning is taking place to deliver a health event in one of our local town centres at the end of January. This will promote the national 'One You' Health Campaign. There will be free activities for residents to try and a range of health professionals available to give out advice and flyers outlining their services.

2018/19 Sport & Physical Activity Commissioning Plan

The leisure team is currently working on the 2018/19 Sport and Physical Activity funding bid. This will be for in excess of £60,500. Public Health has confirmed that this indicative figure will be confirmed following Leicestershire County Council's Cabinet meeting in February. In the meantime, the leisure team is developing the Oadby and Wigston Sport and Physical Activity locality profile to collect desktop data on the Borough, to better shape provision. Primary Research will begin in January.

In addition, funding has been confirmed to deliver a new Fall Prevention programme (£11,700) and the adult and child weight management programme - Leap and Flic (£3,000). Further funding will be drawn down from April 2018 to deliver the School-Club Satellite programme for 14 to 19 year olds; amount yet to be confirmed.

Active Oadby and Wigston Website

All relevant information, including the Health & Wellbeing Board health page, can be found at the following link: **www.activeoadbywigston.org.uk**

4. Parklands Leisure Centre / Brocks Hill New Development Update:

Facility Developments

A number of exciting upgrades are currently taking place at both Parklands Leisure Centre and Brocks Hill Centre.

Brocks Hill

Work on the new activities space at Brocks Hill is now complete. Work is scheduled to finish by 15 January on the new café, which will significantly enhance the experience for all those visiting the Country Park. It will also increase the awareness and participation at the Centre, as we seek to introduce a new audience from the community to the Country Park.



Brocks Hill – New Activities Space

Parklands

Work on the superb new soft-play and climbing facility at Parklands is scheduled to begin in early January, completing in February. The soft play area will be a huge 4 level structure with something for children of all ages. It will feature slides, foam ball shooters, trampolines and more. The climbing walls will be a fantastic mix of fun and colourful walls for different abilities. Not only is it a great introduction to climbing, it is a great activity for children to practice balance, co-ordination, agility and courage!

Extension to Parklands Car Park

Conditional planning permission has been granted for the overflow car park at Parklands Leisure Centre, with works beginning early in the New Year.

Background Documents:

None.

Implications Leisure Services Update	
Finance	There are no significant financial implications.
Chris Raymakers (Head of Finance, Revenues & Benefits)	
Legal	The report is satisfactory.
Dave Gill (Head of Law & Governance / Monitoring Officer)	
Corporate Risk(s) (CR)	<input checked="" type="checkbox"/> Decreasing Financial Resources (CR1) Some projects are reliant on external funding, therefore if these allocations are reduced it could impact on service delivery. <input checked="" type="checkbox"/> Organisational/Transformational Change (CR8) Transfer of service delivery of Brocks Hill to SLM is currently in progress. However, the risk is minimal as this is an excellent company with a proven track record.
Avril Lennox (Head of Health & Leisure Services)	
Corporate Priorities (CP)	<input checked="" type="checkbox"/> An Inclusive and Engaged Borough (CP1) Working in partnership to provide access to all. <input checked="" type="checkbox"/> Effective Service Provision (CP2) Utilising external funding to delivery local projects. <input checked="" type="checkbox"/> Green & Safe Places (CP4) Utilising our green spaces, through project delivery. <input checked="" type="checkbox"/> Wellbeing for All (CP5) Increasing the range of opportunities through partnership working.
Avril Lennox (Head of Health & Leisure Services)	
Vision & Values (V)	<input checked="" type="checkbox"/> "A Strong Borough Together" (Vision) Continuing the positive working arrangements with new and existing partners to deliver an effective service. <input checked="" type="checkbox"/> Accountability (V1) We are accountable through regular monitoring and evaluation reporting and check and challenge groups. <input checked="" type="checkbox"/> Respect (V2) Equality and fairness is at the heart of what we deliver, as is listening to staff and residents to gain valuable insight. <input checked="" type="checkbox"/> Teamwork (V3) Stakeholder teamwork, both internal and external is key to the sustainability of projects and programmes. <input checked="" type="checkbox"/> Innovation (V4) Health & Leisure Services are continually driving forwards new approaches including identifying new
Avril Lennox (Head of Health & Leisure Services)	

	<p>partners with similar agendas.</p> <p><input checked="" type="checkbox"/> Customer Focus (V5)</p> <p>Leisure services continually go above and beyond stakeholder and customer expectations, which can be judged by the number of positive comments received.</p>
Equalities & Equality Assessment(s) (EA)	There are no significant equalities implications.
Avril Lennox (Head of Health & Leisure Services)	<p><input checked="" type="checkbox"/> Not Applicable (EA)</p>